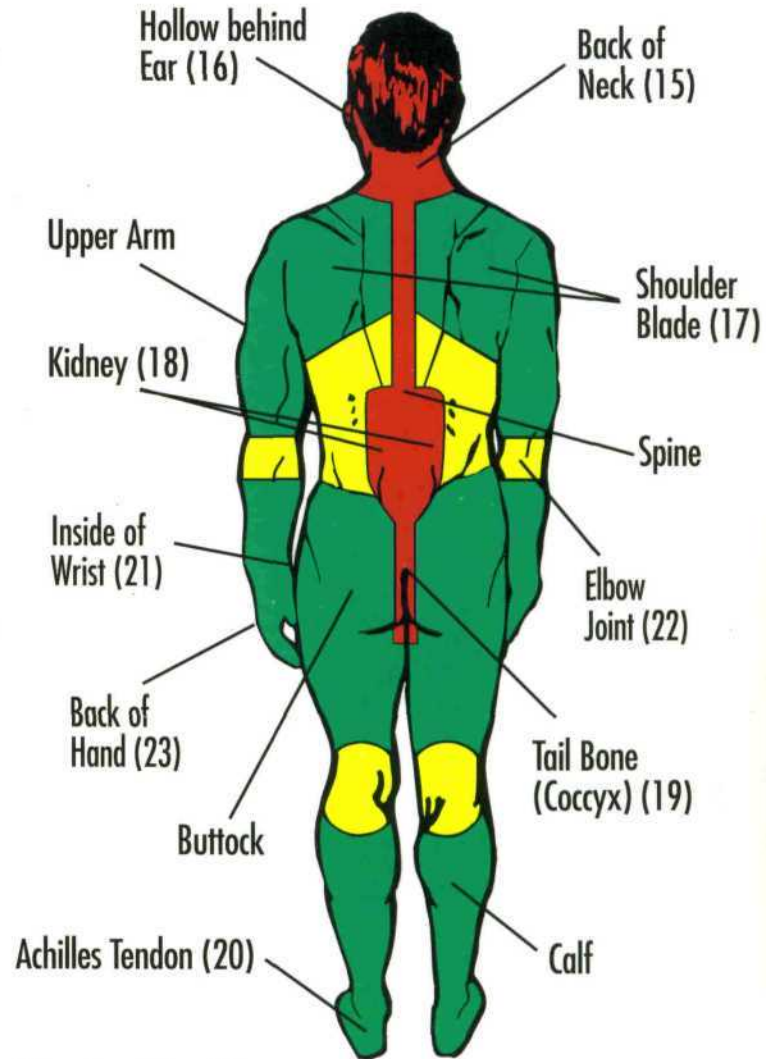
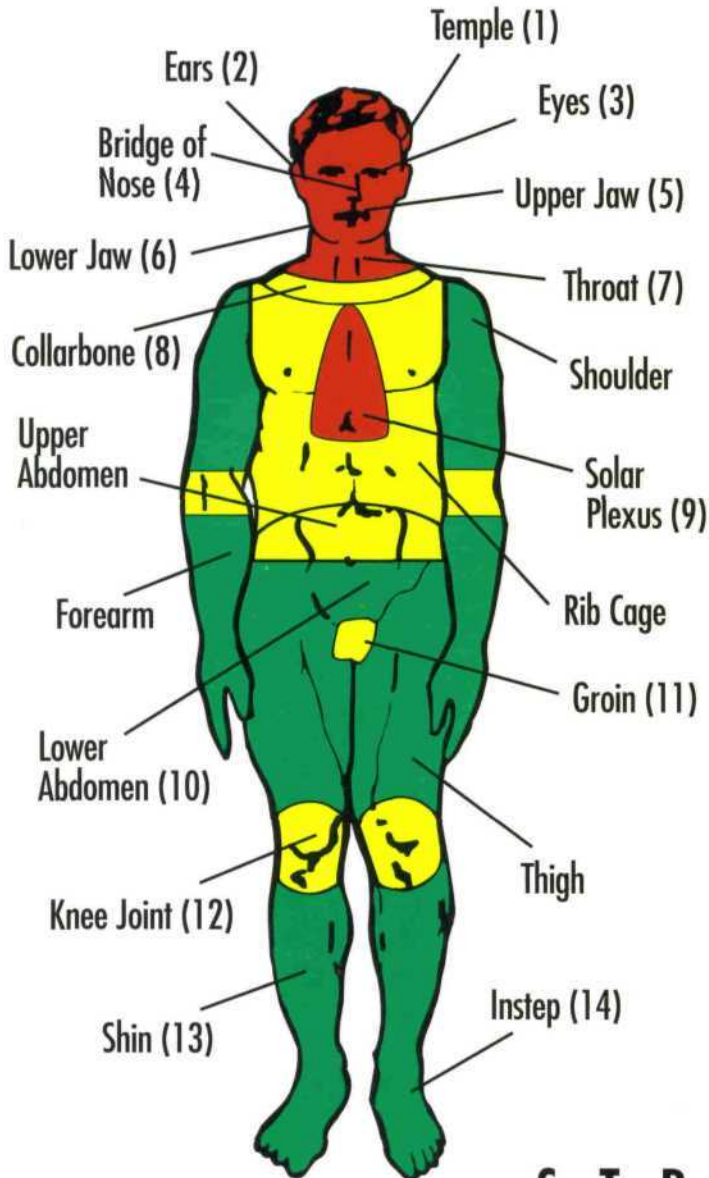


# MONADNOCK BATON CHART

Escalation Of Trauma By Vital And Vulnerable Striking Areas



## S T R I K I N G

### GREEN TARGET AREAS

**REASONING:** Minimal level of resultant trauma. Injury tends to be temporary rather than long-lasting, however exceptions can occur.

Except for the HEAD, NECK, and SPINE, the whole body is a Green Target Area for the application of baton blocking and restraint skills.

### YELLOW TARGET AREAS

**REASONING:** Moderate to serious level of resultant trauma. Injury tends to be more long-lasting, but may also be temporary.

### RED TARGET AREAS

**REASONING:** Highest level of resultant trauma. Injury tends to range from serious to long-lasting rather than temporary and may include unconsciousness, serious bodily injury, shock or death.